

Phenomenology Item	non	1) Mild	2) Moderate	3) Marked
Confused Hallucinating		Hard to concentrate,	Jumping thoughts and associations. Sometimes hear voices	Thoughts are dissociated and / or voices control me all the time.
Strange thoughts clues		things are sometime strange, hidden meanings	Things are strange Unfamiliar, Weird and threatening	Clues everywhere, influencing, controlling persecuting.
Restricted thinking		Difficult to think.	Thought is restricted	Empty head, can't think,
Unmotivated		I am Unmotivated	Disinterested, hard to act	I am totally uninterested dysfunctional.
Anxiety		Anxious frequently	Anxious, Fear continually,	Panic, suffocation, heart-beat, I am about to die, loose control.
Depression		Moody, blue	Depressed, loss of appetite, hard to sleep, hopeless	Depressed, despaired, helpless, dysfunctional suicidal.
Mania		Feeling unusually good	Energized, hyper, talkative, insomnia	Exploding Energized, hyper, tense, restless, I have super-powers
Sensitive		Impulsive inpatient, moody, hard to adapt.	Sensitive, easily offended influenced by comments attitudes	Tense, loose temper, have mood swings, attitudes from other control me.